Providing a comprehensive range of foot and ankle bracing for 30 years

Prosthetic and orthotic solutions for an active and independent lifestyle
The full shell walker provides foot and ankle protection with the added benefit of pneumatic support. It has 4 straps and is available in 3 sizes. This walker has a solid, newly designed rocker sole and wide base of support for ease of mobility. Replacement liners and straps available.

**Indications**
- Orthopaedic ankle and foot injuries
- Foot and ankle sprains
- Diabetic offloading
- Need for increased protection of foot and lower leg
- Other ankle or foot immobilisation

**Features and Benefits**
- Comfortable foam moisture wicking lining
- Integrated pneumatic pump and air bladder
- Mid foot and ankle support and compression from inflatable compartments
- EVA foot bed
- Vented shell to promote air flow

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The VACOped is a cast stable orthosis for the immobilisation of the foot and ankle. Therapy with VACOped accelerates the healing process and makes earlier weight bearing possible.

**Indications**
- Achilles tendon ruptures
- Ankle fractures
- Metatarsal fractures
- Calcaneus fractures
- Severe distortions
- Arthrosis

**Features and Benefits**
- Tapered uprights promoting self-alignment
- Comfortable foam lining
- Patented metal interlocker for uprights providing increased strength and durability
- EVA foot bed

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The VACOcast is a cast stable orthosis for the immobilisation of the foot and ankle. Therapy with VACOcast accelerates the healing process and makes earlier weight bearing possible.

**Indications**
- Pt foot length up to 32 cms
- Orthopaedic ankle and foot injuries
- Foot and ankle sprains
- Diabetic offloading
- Need for increased protection of foot and lower leg
- Other ankle or foot immobilisation

**Features and Benefits**
- Vacuum cushion forms perfectly to individual patient's anatomy and can be adjusted to accommodate swelling and atrophy
- Shortening of in-patient admission time
- Earlier weight bearing is possible
- Adjustable sole length for patient comfort
- Waterproof for hydrotherapy and faster recovery (second liner required)
- 2 changeable fabric liners supplied for better hygiene and comfort

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The VACOfull shell walker provides foot and ankle protection with the added benefit of pneumatic support. It has 4 straps and is available in 3 sizes. This walker has a solid, newly designed rocker sole and wide base of support for ease of mobility. Replacement liners and straps available.

**Indications**
- Orthopaedic ankle and foot injuries
- Foot and ankle sprains
- Diabetic offloading
- Need for increased protection of foot and lower leg
- Other ankle or foot immobilisation

**Features and Benefits**
- Comfortable foam moisture wicking lining
- Integrated pneumatic pump and air bladder
- Mid foot and ankle support and compression from inflatable compartments
- EVA foot bed
- Vented shell to promote air flow

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A basic all-rounder, the standard walker has 5 straps and is available in 5 sizes from a women's shoe size 6 to a men's 15. This has a solid rocker sole and plastic uprights. Replacement liners and straps available.

**Indications**
- Pt foot length up to 32 cms
- Orthopaedic ankle and foot injuries
- Foot and ankle pain
- Heel Pain (Heel Spurs)
- Diabetic offloading
- Other ankle or foot immobilisation

**Features and Benefits**
- Earlier weight bearing is possible
- Allows plantar / dorsi flexion angle adjustment in 5° increments
- Offers a dynamic setting, allowing collagen to reform unidirectionally in the healing process
- 2 changeable liners for better hygiene and comfort
- Adjustable sole length for patient comfort
- Waterproof for hydrotherapy and faster recovery
- 2 changeable fabric liners supplied for better hygiene and comfort
- Adjustable sole length for patient comfort
- Waterproof for hydrotherapy and faster recovery
- Hinge allows true plantarflexion and length reduction for the Achilles tendon.
- The VACOped can be set with range of motion so no heel raises are required
- Radiolucent
PAEDIATRIC WALKER
A walker for children similar to the standard walker. The boot has 4 straps on the small and medium boots and 5 on the large walking boot. This has a low profile rocker sole and plastic uprights. Replacement liners and straps available.

Indications
- Pt foot length up to 22.5cm
- Orthopaedic ankle and foot injuries
- Foot and ankle pain
- Heel Pain (Server’s Disease)

Features and Benefits
- Soft comfortable lining
- Easy to remove liner for washing
- Simple strap set up
- Velcro straps for immobilisation

VACOped Short is the shorter and lighter version of VACOped. Thanks to the integrated VACO12 technology, the orthosis adapts perfectly to the foot and ankle. VACOped Short allows not only immobilisation of the ankle, but also a defined range of motion (ROM) from 15° of dorsiflexion to 20° of plantar flexion.

Indications
- Metatarsal fractures
- Achilles tendon ruptures
- Calcaneal fractures
- Severe sprains
- Ligament rupture
- Ligament surgery
- Arthrodesis of the metatarsal joint
- Hammer and claw toes
- Fracture of the hallux

Features and Benefits
- Excellent pressure relief and high stability through VACO12 technology
- Optimum adaptation to individual anatomical requirements
- Functional after-treatment possible due to defined ROM from -15° to +20° (adjustable in 5° increments)
- Rocker sole for a physiological gait pattern
- Easy wound control simplifies treatment
- Improved hygiene through changeable and washable liners

VACOpedes is the modern standard of care for injuries to the metatarsals and forefoot. Optimum pressure relief in the forefoot means the healing process is accelerated and the patient gets back to everyday life sooner.

Indications
- Metatarsal fractures I-4
- Hallux valgus/rigidus
- Arthrodesis of the toe joints
- Hammer toe and claw toe
- Lapidus procedure (Bunion surgery)
- Pressure relief in the forefoot area
- Immobilisation of the forefoot with full mobility in the ankle
- Toe cap with possibility of toe extension
- The orthosis can be taken off and put back on again at any time
- Easy wound control simplifies treatment
- Radiolucent - Transparent in X-Rays

Features and Benefits
- Pressure relief in the forefoot area
- Immobilisation of the forefoot with full mobility in the ankle
- Toe cap with possibility of toe extension
- The orthosis can be taken off and put back on again at any time
- Easy wound control simplifies treatment

SHORT AIR WALKER
The short air walker provides fore foot immobilisation with the added benefit of pneumatic support. It has 3 straps and is available in 4 sizes.

Indications
- Orthopaedic forefoot injuries
- Forefoot pain (metatarsalgia)
- Diabetic forefoot offloading

Features and Benefits
- Comfortable foam moisture wicking lining
- Integrated pneumatic pump and air bladder
- Mid foot and ankle support and compression from inflatable compartments
- EVA footbed

Visit shop.oapl.com.au for pricing
The Diabetic range holds all the features and benefits of the regular VACO Walker range with the additional inclusions of:

- Added volume of VACO cushions for increased support and resilience to weight bearing activity.
- Shear-free velour lining to decrease friction to be softer on fragile skin.
- Black colour hides exudate and moisture marks.

This range is a great option for people experiencing Diabetic Foot Syndrome, Ulcerations on the foot, Post-operative care after toe and forefoot amputations, Diabetic neuropathy and Charcot Foot.
VACOtalus provides excellent rigidity with effective stabilisation against twisting. Joint movements in the supination and pronation plane must be prevented and the talar shift must be limited by the Talus strap. Plantar/ dorsal movement remains possible, with the normal movement process of the foot being retained when walking.

**Indications**
- Acute ankle ligament injuries
- After-care for fractures of the ankle joint
- Prevention of ligament lesions on the ankle joint
- Compensation of ankle joint instability

**Features and Benefits**
- Slim design to allow it to be worn easily inside a shoe
- Optimised combination of effective stabilisation and superb wearing comfort
- Tangible limitation of talar shift through the Talus strap
- Optimised treatment of swelling since the orthosis offers space to accommodate it
- Excellent grip around the ankle area thanks to VACO12 cushion

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VACOankle

Stable care for torn ligaments. VACOankle is the modern care standard for injuries to the ankle and ligament ruptures. The orthosis combines secure stability with design and wearing comfort.

**Indications**
- Ligament ruptures
- Ankle distortions
- Stable ankle fractures

**Features and Benefits**
- Slender, appealing design that won the Red Dot Design Award
- Anatomically designed plastic framework for very high wearing comfort
- Safe stable care through self-adjusting VACO12 cushion

*posterior view shown

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**TRILOK™ BIO SKIN® ANKLE CONTROL SYSTEM**

A wrap-around brace that achieves forefoot control and ankle stabilisation. An ideal alternative to strapping. The included FootLok Strap™ protects the ankle in its most vulnerable position, plantar flexion. The unique FootLok Strap™ duplicates taping for protection and may be reversed for management of Posterior Tibial Tendon Dysfunction (PTTD). This strap controls foot motion (inversion and eversion) and foot positioning (pronation and supination).

**Indications**
Lateral ligament sprain, plantar fasciitis, Achilles tendonitis, posterior tibial tendon dysfunction and chronic ankle instability.

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**AFTR ANKLE BRACE**

The AFTR Ankle brace is designed to stabilise the hindfoot and ankle to enhance the recovery process. Plastic stays on both sides of the ankle and a figure 8 stirrup strap work together to provide the stabilisation needed to allow the injured tissue time to heal. The brace limits medial and lateral motion without affecting plantar and dorsiflexion. This allows the brace to comfortably support your foot and ankle during activity. The AFTR is constructed from our breathable, hypoallergenic materials to provide comfortable compression to the foot in order to reduce swelling and inflammation. Indications include PTTD, osteoarthritis and peroneal pain.

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Please contact OAPL for further ordering information

Visit shop.oapl.com.au for pricing
LINERS AND ANKLE BRACE RANGE

OAPL ANKLE BRACE WITH STRAPS
The Ankle brace with straps is designed to limit inversion/eversion without restricting plantar or dorsiflexion. Perfect for wearing in a shoe during sports activities.

AIR STIRRUP ANKLE
Unique stirrup ankle brace with air bladder. Features adjustable heel pad for accurate positioning and optimal control during physical activity. Provides secure mediolateral ankle support.

EVEN UP
Evenup provides a 13mm to 25mm lift to help offset the additional height brought about by wearing an orthotic walking boot or other device. Evenup works on both the left and right foot and comes in 4 sizes.

ACHILLIES WEDGE
4 layers of low density EVA make up the Achilles wedge. Achieve your desired height by removing wedges attached by Velcro. Patients will experience comfort from compressive material. Achilles wedge comes with a thin, smooth neoprene cover and are suitable for use in or under foam walker liners.
**SPRINGLEAF AFO**
A polypropylene posterior shell with velcro closure proximally, designed to limit plantar flexion whilst allowing dorsiflexion. Able to be heat moulded at time of fitting. Available in a narrow and wide foot.

**SUPRA-LITE**
The supralite’s lightweight open heel design will limit plantar flexion, provide some heel stabilisation without inhibiting dorsiflexion. The cut-outs incorporated in this design provide a gentle spring action and allow the heel to rest comfortably in the shoe.

**DICTUS BAND**
Easy alternative to AFO’s, the Dictus Band provides superior foot lift. Indoor (shoe less) and outdoor (with shoe) styles are available. A sturdy leather construction with directional pull to combat equinovarus foot/ankle posture.

The Dictus Band is easy to don and doff and is low profile and discreet. A kit comes with 2 Latex Bands and 4 Steel Springs - Indoor Attachment is ordered in addition to the Dictus Band (with shoe) style.

**NAVIGAIT™**
Developed to better assist users with a mild foot drop to gain better dorsiflexion. The padded shell is positioned comfortably on the shin. The amount of dorsiflexion is adjusted through the position in the lacing and with the velcro attachment on the shin plate. Low profile design makes it invisible under slacks. NAVIGAIT™ is available in two sizes. The plastic shin part can be trimmed with scissors if needed.

KNEE BRACES

UNIVERSAL POST OP KNEE

To maintain the knee in full extension whilst providing mediolateral support. A soft foam support with detachable panels and touch-tape closures. Removable pre-contoured T profile, medial, lateral and posterior aluminium stays can be customised to provide an intimate fit and greater control. Condyle pads have been included for increased comfort. Standard sizes fit thighs up to 640mm circumference, bariatric sizes up to 900mm.

OAPL ROM KNEE

A ROM knee brace featuring extendible arms, reducing inventory as there is no need for stocking different devices of varying length. Aluminium arms allow for more intimate fit as they can be contoured to fit any patient's leg shape. Pinless hinge allows easy adjustment with no parts that can be lost. Available in cool and full foam version.

*Image shown is of the cool fit style ROM brace. Standard style has 2 universal liners only. One for thigh and one for lower leg.

ANTERIOR CLOSURE KNEE WRAP

To provide mediolateral support for the treatment of knee instability and/or degenerative joint disease. Features a wrap around design, heavy duty hinges, with incorporated flexion and extension stops, for optimal mediolateral support and control. Manufactured from premium grade latex-free neoprene.

OAPL PATELLA KNEE STABILISER

Low profile neoprene wrap with firm buttress & counterforce D-Ring/Touch tape.

Orthopaedic Appliances Pty Ltd
29 South Corporate Avenue, Rowville Vic 3178
T: 1300 86 6275 (1300 TO OAPL)  F: 1300 6275 39 (1300 OAPL FX)
E: info@oapl.com.au  www.oapl.com.au